

## Camp Mighty Oaks Quilt Guidelines

**Quilt size:** The most popular sized picked by all ages are a “throw” size in the 42x60, 42x50, 45x54 inch ranges. Larger or smaller quilts are also welcome based on the quilter’s desire.

**Quilt construction:** Sturdiness for machine washing is a key factor in construction. We want these quilts used daily for comfort snuggles, on the floor, in the dirt, wherever kids or adults need comfort. They need to be washable. We have found that quilted rather than tied tend to hold up better to this level of activity.

**Adult Quilts:** The adults that come to camp are typically parenting or grandparenting the kids who come. They generally share the same loss. We equip the adults for day-to-day life at home supporting the kids even as we address and support the adult in their loss. Quilts for the adults are often more subdued, more neutral colors, tend to not be used quite as roughly. We need quilts that appeal to wide ranges of adult relative to age, gender, interests (theirs or those of the person who died).

**Teen Quilts:** We have found that teens tend to go for bright colors. Sport themes and animals are selected frequently. Pop culture themes are popular, as well.

**Pre-Teen Quilts (9-12 year olds):** Fun whimsical patterns and colors are popular with this age group as are pop culture and movie themes such as Super Heroes.

**Children’s Quilts (6-8 year olds):** Cartoon patterns and character patterns are popular as are fun, bright colors with this age group.

Thank you for helping provide quilts for Camp Mighty Oaks and children’s bereavement needs. When it all comes down to it, having a variety to choose from in each age category is really the key. If you have further questions, or would like to come look at examples for ideas, please call us and one of our Bereavement Counselors can assist you. Thank you.