



Willamette  
Valley Hospice

**NEWS**

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## **SUPPORTING FAMILIES IN THE JOURNEY THROUGH GRIEF**

Willamette Valley Hospice Offers Free Support Group for Ages 5 Years to Adults

**Salem, OR & surrounding areas (January 7, 2010)** – Willamette Valley Hospice will offer a free 6-week grief support group for adults, children, and families on **Tuesdays, January 19, 26; February 2, 9, 16, and 23 from 6 to 7:30 pm** at their office, 1015 3<sup>rd</sup> St NW in West Salem. Professional counselors will facilitate the meetings. The group is free of charge, but registration is required, as space is limited.

“Grief not only effects a single part of your life, it effects everything about you” says Lori Ensign, bereavement counselor for Willamette Valley Hospice. “We are committed to providing bereavement support to the caregivers and families of our patients and to the residents of our community.”

Designed to encourage, educate, and empower individuals as they grieve the death of a loved one, the session offers age appropriate activities (for children ages 5-17) and discussions for adults. For more information or to register, please call Bereavement Services at 503.588.3600 or toll free at 800.555.2431.

Drop-in grief support sessions for adults are now offered three times a month at Willamette Valley Hospice. Please view upcoming dates and times for all events and support groups on our website at [www.wvh.org](http://www.wvh.org).

Willamette Valley Hospice has served the community for over 30 years as the only independent, non-profit hospice based in Marion and Polk counties. In addition to community bereavement services, Willamette Valley Hospice offers educational forums, volunteer opportunities, and hospice educational presentations.

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